



## 2023 TRASH & RECYCLING GUIDE

### TRASH

#### CARTS

All trash must be placed in the Town-issued 35-gallon cart.

#### OVERFLOW BAGS

Excess trash that cannot fit in the 35-gallon cart must be placed in official overflow bags, which can be purchased for \$15/sleeve of 5 bags. Bags can be purchased at Town Hall, Stop & Shop, JRH Services, Richdale Convenience Store, Whole Foods, CVS, or Walgreens.

On pick-up day, overflow bags should be placed in a trash barrel of your choice, or on top of your cart, or on the ground next to it. Note: If not contained in a barrel, overflow bags should not be put out until 5am on the morning of trash pick-up. Prior to pick-up day, overflow bags must be contained indoors, or in a sealed container until pick-up day to prevent animal foraging and bag damage.



### OTHER WASTE REMOVAL PROGRAMS (Continued)

**MATTRESS RECYCLING:** Residents must dispose of mattresses through the Mattress Recycling Program. Purchase a sticker at Town Hall Customer Service or online at:

<https://epay.cityhallsystems.com/>

Pick-ups will be scheduled on the 2nd and 4th Saturday of each month. Mattresses must be left out by the curb on your property no more than 24 hours in advance of pick-up.

### REUSE

#### TEXTILE RECYCLING:

Textiles are no longer permitted in household trash. Discard unwanted clothing, accessories, linens, textiles, or small household items by scheduling a free residential pick-up with Simple Recycling. Visit [simpler recycling.com](http://simpler recycling.com) or call 866-835-5068.

### INFORMATION RESOURCES

#### UNSURE IF SOMETHING CAN BE RECYCLED?

The online tool "Recyclopedia" will tell you if a product can be added to your curbside recycling. Visit [recyclesmartma.org](http://recyclesmartma.org) for more information.

#### TRASH & RECYCLING INFO ON TOWN WEB SITE:

Visit [swampscottma.gov](http://swampscottma.gov) and select "Trash & Recycling"

#### SIGN UP FOR THE TOWN'S ALERT SYSTEM:

Sign up at [swampscottma.gov/subscribe](http://swampscottma.gov/subscribe) to receive phone calls, texts, and/or emails regarding changes to the trash and recycling schedule, etc.

**FACEBOOK:** Follow "Reduce, Reuse, and Recycle in Swampscott" at [facebook.com/SWACSwampscott](https://facebook.com/SWACSwampscott) for tips and information.

### OTHER WASTE REMOVAL PROGRAMS

**YARD WASTE:** Picked up on regular trash day. Disposal of grass, leaves, and trimming up to 1" thick must be placed in paper bags or barrels labeled as "Yard Waste". Yard Waste Stickers can be picked up at Town Hall Customer Service. Dates: Week of April 24, June 5, July 24, September 11, October 16, November 13, December 11

**COMPOSTING:** Free Black Earth drop-off locations for composting organic household waste are located at the Dog Park and next to the Police Station. Black Earth also provides private curb-side residential pick-up services at cost. Visit [blackearthcompost.com](http://blackearthcompost.com) for info.

**METAL ITEM DROP-OFF:** March – December on the last Saturday of the month (weather permitting) from 8am-12pm, DPW Yard, 200 Paradise Rd. Visit [swampscottma.gov](http://swampscottma.gov) for a list of acceptable items.

**STYROFOAM DROP-OFF:** March – December on the last Saturday of the month (weather permitting) from 8am-12pm, DPW Yard, 200 Paradise Rd. Package Styrofoam in trash bags if possible.

**HAZARDOUS WASTE:** Visit [swampscottma.gov](http://swampscottma.gov) or call 781-596-8850 for dates and fees.

**MERCURY RECOVERY PROGRAM:** Bring household fluorescent bulbs (CFL & SHOP up to 4-feet long), rechargeable batteries (lighter than 2 lbs.), mercury switches, thermostats, or thermometers to the Health Dept. collection area located on the third floor at Town Hall. Note: NO alkaline batteries accepted.

**PRESCRIPTION DRUGS:** 24/7 drop off box located in the lobby at the Swampscott Police Station. For more information/options regarding prescription drug disposal, please visit: <https://www.mass.gov/doc/fact-sheet-safe-disposal-of-prescription-over-the-counter-drugs/download>

## BULK ITEMS

Items that cannot fit into a Town-issued cart or overflow bag must be disposed of and paid for by the resident by purchasing official bulk item stickers:

**BULK (NON-METAL):** \$20 (1 item per week)

Examples: couch, table, chairs, large rigid plastics. Note: Mattresses can only be disposed of through the Mattress Recycling Program. (See "Other Waste Removal Programs"). Bulk stickers can be purchased at some of the retailers listed on the front of this brochure, or at Town Hall, or online at [swampscottma.gov](http://swampscottma.gov)

**WHITE GOODS:** \$30

Examples: Refrigerator, stove, water heater. Purchase white goods stickers through the Town's waste contractor Republic Services by calling 800-323-4285.

For a complete list of non-metal bulk items and white goods eligible for bulk item pick-up, please visit [swampscottma.gov](http://swampscottma.gov)

## SCHEDULE

Your trash cart, bulk item, recycle receptacles, and contained overflow bags may be placed curbside for weekly collection between 7 PM the evening before and 7 AM the morning of your scheduled collection. **Missed your pick-up?** Call Republic Services at 800-323-4285 or call Swampscott Customer Service at 781-596-8850.

**HOLIDAY SCHEDULE:** Pick-up will be delayed by one day on the day of the following holidays and for the remainder of the week:

January 16	May 29	October 9
February 20	June 19	November 23
April 17	July 4	December 25
	September 4	

## RECYCLE!

All recyclables must be placed in a recycle barrel that is clearly labeled as RECYCLE or has a large recycle symbol on the container. Barrels with lids are strongly recommended over open bins. Customer Service at Swampscott Town Hall can provide a free large RECYCLE sticker to place on a non-conventional container.

### GLASS



Bottles & Jars

### METAL



Food & Beverage Cans

### PLASTIC



Bottles, Jars, Jugs, & Tubs  
(if possible, with caps)

### CARDBOARD & PAPER



Mixed Paper, Newspaper,  
Magazines, Boxes (flattened)



Paper towels & toilet paper



Plastic bags (Return to select retailers)



Food or drink (Rinse containers)



Plastic lined paper cups and cartons



Styrofoam (bring to styrofoam drop-off days)

**DO NOT** place plastic bags (ziploc bags, trash bags, grocery bags, shipping bags, sandwich bags, dry cleaning bags) in recycling. Plastic bags of all kinds can be returned to select retailers. To see a list of retailers near you, please visit: [how2recycle.info/sdo](http://how2recycle.info/sdo)

For information on what can and cannot be placed into your curbside recycling, use the online "Recyclopedia" tool on [swampscottma.gov](http://swampscottma.gov) or [recyclesmartma.org](http://recyclesmartma.org)