

approved  
1-12-2020

## Council on Aging Board Meeting

Minutes of December 10, 2019

In attendance: Norma Freedman, Bill Hyde, Mary Cobbett, Ruth Iarrobino, Heidi Whear, Kathie Keiser, Maureen Callahan, Marilyn Cassidy, Marilyn Hurwitz, Lori Erlich as guest speaker.

Minutes of previous meeting reviewed and accepted.

### New Business

1. Our guest speaker was Lori Erlich who addressed our main concern: how to obtain money to update our kitchen.
  - A. She explained the process of getting it on the state budget agenda via a political process.
    1. First start with Sean and the selectmen who have to make it a priority of the town. Then it gets to Lori who in turn, works to have it placed on the budget (all budget bills start in the house).
    2. A good idea to invite the selectmen, one at a time, to visit our meeting. The budget amends in April.
- II. The holiday party on 12/14 has 100 people planning to attend.
- III. Marilyn is trying to arrange sharing medical rides with Nahant and Marblehead.

### Old Business

- I. Heidi Whear gave an update on the Age Friendly Community.
  - A. They are dividing into 8 domains studying the results of the survey and will be producing a summary to present to the town.
  - B. They are trying to obtain grant money from Tufts in order to put up a website. 93 pages are presently on line.
  - C. They also are thinking about having a booklet.
- II. Kathie gave a report from the Friends.
  - A. They had a fabulous fund drive.
  - B. The sock drive netted enough socks for more than 60 people.
- III. The Five Wishes Presentation and Luncheon was well received with 35 people in attendance.

Meeting Adjourned 9:35

Next meeting January 14, 2020

Respectfully submitted,

*Marilyn L Cassidy*